

Is There a Book in YOU? 10 Top Tips to Make it Happen!

by Ladey Adey (Publisher and Author)

As I ask the question, Is there a book in you?, the picture of Lord Kitchener's recruitment poster from 1914 come to mind! You know the one with the finger pointing! So, if you are reading this article, this could mean you. They say there is a book in everyone – so what about you?

Have you ever considered it? Perhaps, you have thought, "One day, I will be an author" or perhaps friends and relatives have said to you, "You should write a book!" Today it is much easier to become an author and get a book out on Amazon and into bookshops than ever before. With the latest technology it is just a touch of a button away, but where do you start?

Well, to quote Maria from the Sound of Music, "Let's start at the very beginning, a very good place to start..."

1. Intention. Is it time to change the dreaming and thinking about writing a book and make it a reality?
2. Choose what kind of book you will write. Will it be a non-fiction or fiction book?
3. Select the content. Will it be about your profession, hobby/interest or memoir or a story from your imagination? Or surprise me with something else!
4. Give your book a name, it can be taken from the subject matter, but this can be its working title.
5. Draw out an outline. This can always change – so think it through, what logical order would your story take? If non-fiction this might be step-by-step or guide for readers in your specialist area. If fiction what will your characters be getting up to and how will they get there?
6. Start to write. The first step to writing a book is to start to write.
7. Agree with yourself that you will write on paper (or typed and stored on your computer) regularly. (Or you can record your words and then get it transcribed.) This can be 10 minutes



each day, or 20 minutes every couple of days or 1 hour each Sunday. Once you begin, you might find that you become addicted to getting your 'copy' written!

8. Consider where you might need some help? Do you need someone to coach/mentor you through the process?
9. Sign up with me to receive some free articles on how to write a book (details at the bottom) or listen to my podcast: ladeyadeyshow, which is all about books.
10. Tell people you are writing a book and note their (usually positive) response.



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My name is Ladey Adey, from Pink Parties Press, I've written 6 books in total including, a faith book and a children's book about a Little Unicorn, What's Your Name (a charming book for 2-6 year olds – this was co-authored with my daughter, Abbirose). I help people write and publish the book inside them. Contact me: ladey@ladeyadey.com or give me a ring 01400 231475. www.ladeyadey.com